

# BIG FORK SCHOOLS

**Kindergarten Roundup**

**Friday, May 16**  
**Please call to get your child on the Kindergarten list for 2025-26**  
**Your child must be 5 by September 10, 2025**

## Supply Drive to build a Middle School Makerspace!

Please look around your home to help grow resources for our Middle School Makerspace. This space will be utilized during our WIN time for students to design and create solutions through the engineering process.

- Fasteners & Adhesives**  
string, wire, and thread  
tapes and glues  
dental floss, zip/twist ties  
nuts, bolts, washers  
velcro
- LEGOS**
- Cardboard, Wood & Paper**  
boxes, boards, bags  
balsa wood, craft sticks, toothpicks  
dowel rods
- Rolling Things**  
wheels  
tubes  
spheres  
spools  
spindles
- Craft Supplies**  
pom poms, foam, buttons, beads, feathers, wiggle eyes, q-tips, cork, fabric, etc.
- Recyclables**  
tops and caps  
cans and bottles  
containers and cartons  
packing materials  
old game pieces  
old toy pieces

Well-washed, nut-free packaging, please!

Supplies can be brought to the elementary/middle school office. Have other materials you think might be helpful? contact Mrs. Van Valkenburg [evanvalkenburg@bigfork.k12.mt.us](mailto:evanvalkenburg@bigfork.k12.mt.us)

**BIGFORK ACES** **BIGFORK PLAYHOUSE CHILDREN'S THEATRE**

**BIGFORK PLAYHOUSE CHILDREN'S THEATRE & BIGFORK ACES PRESENT:**

# COWABUNGA 2025

LIVE FROM MOO YORK

It's... **SNL** ...on the farm!

## CALLING ALL TALENT!

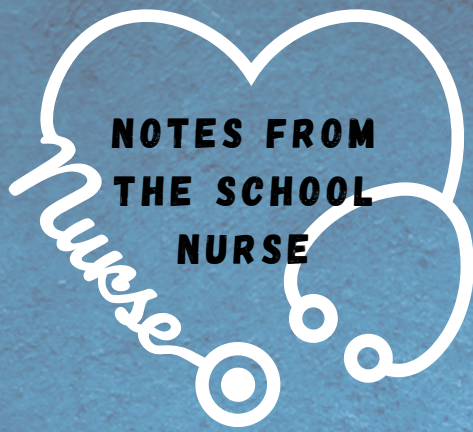
WE WANT TO SEE YOU MOOVE IT!

SINGING • DANCING • COMEDY • MUSIC • SKITS • ODDITIES

<b>AUDITIONS</b> <b>March 18th + 19th</b> Bigfork Playhouse Children's Theatre 833 Grand Drive	<b>PERFORMANCES</b> <b>April 11th + 12th</b> Bigfork Center for Performing Arts 526 Electric Ave
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**TO REGISTER FOR AUDITIONS:**  
 Register online by **March 10th**  
 CLICK or SCAN this QR CODE

Registration forms can also be picked up AND dropped off at:  
 Bigfork Elementary School Office, Bigfork ACES, and at [www.acesafterschool.com](http://www.acesafterschool.com)



NOTES FROM  
THE SCHOOL  
NURSE

# Seasonal Parent

## Reminder

Please keep your child home for 24 hours after their last fever or episode of vomiting or diarrhea. Please call with any questions.

Seasonal influenza vaccine is now available at our Logan Health School Based Health Center. Call 1-406-858-3453 to schedule an appointment.

### FLU PREVENTION TIPS



The flu is a highly contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. Here are some tips to avoid catching it.

#### 1 WASH YOUR HANDS

Wash your hands often and thoroughly (for at least 20 seconds) especially after being in public places. Keep gel sanitizers close at hand. If a sink isn't nearby, a gel sanitizer or an alcohol-based hand wipe is easy to grab to clean dirty hands.



#### 2 HANDS OFF

The flu virus can live on any type of surface, including door handles, phones and elevator buttons. Avoid touching your eyes, nose, and mouth until you have washed your hands. These are access points for viruses to enter the body.



#### 3 DISINFECT

Disinfect surfaces frequently. Pay special attention to high-contact areas like bathrooms, work spaces, and kitchens. Also be sure to disinfect high-contact items like remote controls, computers, and cell phones.



#### 4 IT'S SOMETIMES NICE TO NOT SHARE

Avoid sharing food, drinks, utensils, and personal items. Try not to use a coworker's phone, desk, office, computer, or other work tools and equipment.



#### 5 TAKE SOME SPACE

Avoid close contact with those who are already sick. Avoid shaking hands and giving hugs.



#### 6 STRENGTHEN YOUR IMMUNE SYSTEM

The human body has been designed to resist an infinite number of changes brought about by its environment. The secret of good health lies in successful adjustment to changing stresses on the body.



#### 7 GET VACCINATED

Get the flu vaccination—it's not too late! The CDC recommends annual flu vaccinations for everyone 6 months and older, unless contraindicated.



You know your child best. Contact a healthcare professional or seek emergency medical help if any symptom is causing concern.  
[www.entirelykidspediatrics.com](http://www.entirelykidspediatrics.com)



Influenza (or flu) is a contagious respiratory illness caused by flu viruses. Most people with flu have mild illness and do not need medical care or antiviral drugs. If you get flu symptoms, in most cases, you should stay home and avoid contact with others except to get medical care.

### KNOW THE SYMPTOMS OF FLU



Flu viruses can cause mild to severe illness, and at times can lead to death. The flu is different from a cold. The flu usually comes on suddenly.

People who have flu often feel some or all of these symptoms: Fever\* or feeling feverish/chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, fatigue (tiredness). Some people may have vomiting and diarrhea. This is more common in children.

\* It's important to note that not everyone with flu will have a fever.



### TAKE ANTIVIRAL DRUGS IF YOUR DOCTOR PRESCRIBES THEM!

Antiviral drugs can be used to treat flu illness. Antiviral drugs can make illness milder and shorten the time you are sick. They also can prevent serious flu complications.

CDC recommends that antiviral drugs be used early to treat people who are very sick with the flu and people who get flu symptoms who are at high risk of serious flu complications, either because of their age or because they have a high risk medical condition.

### STAY HOME WHEN SICK



When you are sick, limit contact with others as much as possible. Remember to cover your nose and mouth with a tissue when you cough or sneeze, and throw tissues in the trash after you use them. Stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities.

\*Your fever should be gone for 24 hours without the use of a fever-reducing medicine before resuming normal activities.

# MENU

2025

MARCH

Harvest of the Month:

Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
03 B:Muffin L: Corn Dog, Salad Bar, Sliced Peaches	04 B: Bagelw/Cream Cheese L: Breaded Chicken Parmesan Sandwich, Salad Bar, Sliced Peaches	05 B: Granola Bar L: Pizza, Fresh Veggies, Mixed Berry Cup	06 B: Banana Bread L: Orange Chicken, Coconut Rice, Mandarin Oranges	07 B: Cereal L: BBQ Lil Smokies, Baked Beans, Salad Bar, Applesauce
10 B: Muffin L: Meatball Sub Sandwich, Salad Bar, Apricot Cup	11 B: Bagelw/Cream Cheese L: Sweet&Sour Chicken, Coconut Rice, Mandarin Oranges	12 B: Fruit Parfait L: Pizza, Fresh Veggies, Fresh Apple	13 B: Banana BreadL: Turkey Bacon Ranch Wrap, Salad Bar, Strawberry Cup	14 B: Cereal L: BBQ Pork Sandwich, Cole Slaw, Cinnamon Apples
17 B: Muffin L: Beef Taco, Corn Chips, Sliced Pears	18 B: Bagelw/Cream Cheese L: Egg Rolls, Coconut Rice, Salad Bar, Oranges	19 B: Granola Bar L: Pizza, Fresh Veggies, Fresh Grapes	20 B: Banana Bread L: Sloppy Joe, Salad Bar, Fresh Apple	21 B: Cereal L: Chicken Fajita, Corn and Peppers, Fresh Tangerine
24	25 <b>ENJOY</b>	26 <b>YOUR</b>	27 <b>BREAK!!</b>	28
31 B: Muffin L: Hot Dog, Sun Chips, Sliced Peaches	01	02	03	

**BIGFORK CAFETERIA PRICES AND INFORMATION**

Students

Breakfast K-6 \$1.75  
Breakfast 7-12 \$2.00

Lunch K-6 \$2.75  
Lunch 7-12 \$3.25

Reduced Breakfast K-12 .30  
Reduced Lunch K-12 .40

Adults

Parents/Visitors \$4.75

You can deposit money online at: [www.mymealtime.com](http://www.mymealtime.com), or cash/check to the teacher or secretary with your child's name on the envelope.

Thank you for your support!

Contact Information  
Roger Vanlandingham  
Food Service Director  
rvanlandingham@bigfork.k12.mt.us  
406-837-7400

**A new free/reduced meal form needs to be filled out every year**



## 2024-25 Free/Reduced Meals

Click above for form. You can fill out online or print then send to rvanlandingham@bigfork.k12.mt.us or drop off at the district office this summer.



**Homeless Liaison for Bigfork Schools**  
**Tom Stack, Superintendent**  
Please click [here](#) for more information.



**BIGFORK RECREATIONAL**

**SPRING**

**SOCCER**

PreK - 5th Grade



**WEDNESDAYS**  
5:30 - 7 PM

April 23, 30, May 7, 14, & 21st

New format!  
1/2 skills & 1/2 small sided games

@ Swan River School

Go to [www.bigforksoccer.org](http://www.bigforksoccer.org) to get more info and to register by April 1st




**We are accepting your receipts from Harvest Foods until March 31.**



**JOIN**

**BIGFORK SCHOOL**

**PTA**

**BIGFORK ELEMENTARY & MIDDLE SCHOOLS**  
600 Commerce P.O. Box 188  
BIGFORK, MT 59911  
Telephone: (406) 837-7412—Fax: (406) 837-7438  
Brenda Clarke, Elementary Principal  
Charlie Appleby Middle School Principal

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January 20, 2025

Dear Parents and Guardians:

I would like to let you know about Bigfork School's Student Assistance Program. This program is available to all Bigfork Middle School students and consists of peer support groups led by specially trained teachers during the school day.

The goals of these groups are to build healthy relationships, improve communication and develop decision and problem solving strategies. Students who participate in a group gain valuable life-long skills and are better equipped to effectively cope with pressures associated with the teen years.

Students can request to be in a small group second semester. Groups are scheduled so that students only miss one class period once a week for eight weeks. Students are asked to check in with their classroom teacher prior to each group and are expected to make up any missed work.

This program is fully supported by our district administration and faculty. It has had an incredibly positive impact on school climate as well as benefiting individual students. If you have any questions please contact me.

Thank you,  
*Jennifer Wood*  
Jennifer Wood  
School Counselor  
Bigfork Middle School  
jwood@bigfork.k12.mt.us

**Threads** ....A Student Resource

Threads is a FREE resource for Bigfork area Students. Threads offers a variety of age appropriate, new and nearly new, gently worn clothing, outerwear, shoes, new socks/underwear, personal care items, and school supplies for students who may need them. Threads is an ongoing project of BLSC (Bigfork Ladies Service Club), giving our local students the opportunity to get what they may need to be successful in school as well as an opportunity to learn the value of giving back and helping one another.

Located on the upstairs floor of the Methodist Church just east of the High School, we love to have students visit, even for just a snack and a short break from their school day!

We welcome ALL students to visit Threads with a parent, counselor or teacher and encourage them to take what they need and in turn, donate items for others when possible.

Recycle/Reuse/Responsible

**Open Thursdays from 9-3pm**  
406-249-5820



# SCHOOL CALENDAR

## 2024-2025

### Bigfork School District 38 2024-2025 Calendar

August 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	A	13	14	15	16	17
18	@	20	21	22	23	24
25	PIR	PIR	*	29	30	31

September 2024						
S	M	T	W	T	F	S
1	X	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	PIR	24	25	26	27	28
29	30					

October 2024						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	X	X	19
20	21	22	23	24	25	26
27	28	29	30	EQ		

November 2024						
S	M	T	W	T	F	S
					PTC	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	A	19	20	21	22	23
24	25	ET	X	X	X	30

December 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	X	X	X	X	X	28
29	X	X				

K-12 School Day: 8:00 am - 3:20 pm  
Wednesday Late Start: 8:40 am - 3:20 pm

- August 26 & 27 - Teacher In-Service Days
- August 28 - First Day of School - Release 1:30 \*
- September 2 - Labor Day - No School
- September 23 - PIR - No school
- October 17 & 18 - MEA Convention - No School
- October 31 - End of 1st Quarter
- November 1 - PIR - Parent Teacher Conference - No School
- November 26 - End of 1st Trimester
- November 27, 28, 29 - Thanksgiving Break - No School
- December 23 - January 3 - Christmas Break - No School
- January 24 - End of 1st Semester
- February 17 - PIR - No School
- March 7 - End of 2nd Trimester
- March 24 to 28 - Spring Break - No School
- April 4 - End of 3rd Quarter
- May 26 - Memorial Day
- May 31 - High School Graduation
- June 4 - 8th Grade Graduation
- June 6 - Last Day of School - 1:30\*

January 2025						
S	M	T	W	T	F	S
			X	X	X	4
5	@	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	ES	25
26	27	28	29	30	31	

February 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	PIR	18	19	20	21	22
23	24	25	26	27	28	

March 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	ET	8
9	A	11	12	13	14	15
16	17	18	19	20	21	22
23	X	X	X	X	X	29
30	@					

April 2025						
S	M	T	W	T	F	S
		1	2	3	EQ	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	X	27	28	29	30	31

June 2025						
S	M	T	W	T	F	S
1	2	3	4	5	*	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

X	No School
*	First & Last Day of School - Release 1:30*
PIR	Teacher Work Day/No School
PTC	Parent Teacher Conference
EQ	End of Quarter
ET	End of Trimester
ES	End of Semester
A	HS Athletics - Fall, Winter, Spring
@	MS Athletics - Fall, Winter, Spring