



COVID-19 Guidance

Can I go to school today?

At-home symptom screening for parents and staff.

Updated 8.25.20

Parents and guardians can use this symptom checklist to determine when to keep their child at home based on their symptoms. School staff can also use this tool to determine if they need to stay home. **Any student or staff diagnosed with COVID-19, or notified by FCCHD that they are a close contact of a COVID-19 case, should not go to school and should isolate or quarantine according to public health recommendations.**

This list refers only to new symptoms or a change in usual symptoms. A student/staff should not be kept home for usual symptoms they experience due to a chronic condition unless they are worse than usual. These guidelines are in addition to your regular school guidance (for example, a child with vomiting should also not attend school based on usual school guidance).

If your child is/you are experiencing any potentially life threatening symptoms please call 9-11.

If any of the following symptoms are present, keep the child at home/stay at home, inform the school of symptoms. If fever still persists after 48 hours without the use of a fever reducing medication, or signs and symptoms are still present, the individual must be evaluated by a medical provider before returning to school.

Signs and Symptoms:

- Fever of 100.4 or higher
- Cough
- Shortness of breath
- Difficulty breathing
- Loss of taste or smell
- Fatigue
- Headache
- Muscle ache
- Sore throat
- Nausea or vomiting
- Diarrhea
- Runny nose or congestion